

6 Ways to Make People Like You

Based on the book *How to Win Friends and Influence People* by Napoleon Hill

Written by Roshanda Glenn

Behavior Solutions Academy

Everyone wants to be liked. It's a big part of being human. We all need friends and people who care about us. When we don't have good connections with others, we can feel lonely. Feeling lonely isn't good for our health. So, how can we get people to like us? Here are six simple ways to help you make more friends and be liked by others:

1. Be interested in other people - When you show real interest in others, they'll want to be your friend. Ask people about their hobbies or what they like to do. Listen to their stories and ideas. When you care about what others think and feel, they'll want to spend time with you. Even shy or busy people will want to talk to you if you show that you care about them.

2. Smile - A smile is powerful. When you smile at people, it shows that you're friendly and happy. It makes others want to smile back. Even if someone looks grumpy, smile anyway! Your smile might cheer them up. Remember, a smile is like saying "hello" without words.

3. Learn people's names - People love hearing their own name. It makes them feel special. When you meet someone new, try hard to remember their name. Say it back to them to make sure you got it right. Using someone's name when you talk to them is a great way to make friends.

4. Be a good listener - To be good at talking to people, you need to be good at listening first. Most people like talking about themselves more than anything else. So, let them! Pay attention when others are speaking. Don't look at your phone or get distracted. Ask questions that let them talk more about what they like. This shows you care about what they're saying.

5. Talk about what others like - When you're not sure what to talk about, ask people about things they enjoy. If someone loves sports, ask them about their favorite team. If they like music, ask about concerts they've been to. When you talk about what others like, they'll think you're fun to be around.

6. Make others feel important - Everyone wants to feel special and appreciated. No matter how successful someone is, they still like it when others show they care. So, make people feel important. Thank them when they do something nice. Tell them when you think they did a good job. When you make others feel good, they'll want to be around you more.



Having good friends is just as important for our health as eating well or having a safe place to live. People like to be friends with those who are kind, positive, and open to others. There's one more important rule to remember. It's called the Golden Rule: "Treat others the way you want to be

treated." If you're not sure how to act, just think, "What would I want someone to do for me?" Then do that for others. This simple idea can make your life much better.

By using these six ways to be more likable, you'll find it easier to make friends and have good relationships with people. Remember, being a good friend starts with being someone others want to be around. When you're kind and interested in others, people will naturally like you more. **(590)**