## 6 Ways to Make People Like You

Based on the book How to Win Friends and Influence People by Napoleon Hill

## Written by Roshanda Glenn

Behavior Solutions Academy

Everyone wants friends. It's part of being human. We need people who care about us. When we don't have friends, we can feel sad and lonely. Being lonely isn't good for our health. So, how can we make friends? Here are six easy ways to help people like you:

- **1. Care About Others -** When you show you care about others, they'll want to be your friend. Ask people what they like to do. Listen to their stories. When you care about what others think, they'll want to talk to you more.
- 2. Smile Smiling is powerful. When you smile at people, it shows you're friendly. It makes others want to smile back. Even if someone looks grumpy, smile anyway! Your smile might make them feel better.
- **3. Remember Names -**People love hearing their own name. It makes them feel special. When you meet someone new, try hard to remember their name. Say it back to them to make sure you got it right. Using someone's name when you talk to them is a great way to make friends.
- **4. Listen Well T**o be good at talking to people, you need to be good at listening first. Most people like talking about themselves. So, let them! Pay attention when others are speaking. Don't look at your phone or get distracted. Ask questions that let them talk more about what they like.
- **5. Talk About What Others Like -** When you're not sure what to talk about, ask people about things they enjoy. If someone loves dogs, ask them about their pet. If they like drawing, ask about their pictures. When you talk about what others like, they'll think you're fun to be around.
- **6. Make Others Feel Important -** Everyone wants to feel special. No matter who they are, people like it when others show they care. So, make people feel important. Say thank you when they do something nice. Tell them when you think they did a good job. When you make others feel good, they'll want to be around you more.

Having good friends is very important. It's as important as eating good food or having a safe place to live. People like to be friends with those who are kind and happy. There's one more important rule to remember. It's called the Golden Rule: "Treat others the way you want to be treated." If you're not sure how to act, just think, "What would I want someone to do for me?" Then do that for others. This simple idea can make your life much better. By using these six ways to be more likable, you'll find it easier to make friends. Remember, being a good friend starts with being someone others want to be around. When you're kind and care about others, people will naturally like you more. Making friends takes practice. Don't worry if it feels hard at first. Keep trying, and you'll get better at it. Soon, you'll have lots of friends who care about you, and you'll care about them too!